

**JOAN
& ED'S**

DELI

TAKE-OUT MENU

SHERWOOD PLAZA

ROUTE 9 EAST

NATICK, MA 01760

508-653-4442

prices subject to change without notice



WE OPEN mon - fri 9:30 am

sat, sun & holidays 8 am

WE CLOSE sun - thurs 8 ish

fri & sat 9 ish holidays 3 ish



JOAN SAYS...true deli basics like pastrami, corned beef and brisket taste best when warm and classic style...but we have extra lean if you prefer.

ED SAYS...Anyone who orders one of our great sandwiches on white bread is BORING...and you'd better be prepared for Ed to come out and make fun of you!



SANDWICHES

	FULL	JUMBO
CORNEB Classic a little lean & a little fatty...lots of taste! served cold or steamed warm	9.50	12.95
EXTRA LEAN CORNEB served cold or warm	9.75	12.75
ROAST BRISKET Classic the Jewish version of pot roast. Classic is a little lean and a little fatty but lots of taste!	9.25	12.25
ROAST BRISKET EXTRA LEAN lean & healthier	9.50	12.50
ROMANIAN PASTRAMI - [N.Y. style] steamed warm and extra lean	9.75	12.75
HOT PASTRAMI (Boston style) fatty 'n' tasty - a Boston Classic	7.95	
Beef Tongue extra lean (tip)	11.25	17.25
ROAST Beef	8.75	11.75
Turkey Breast (fresh off the bone)	9.25	12.25
Turkey PASTRAMI (7g Fat)	7.95	10.95
HARD SALAMI (kosher)	11.25	14.95
SALAMI (kosher)	7.95	10.95
Bologna (kosher)	7.75	10.75
IMPORTED HAM	6.75	9.75
LIVERWURST	6.75	9.75
MEATLOAF (warm or cold)	6.75	
JUMBO FRANKFURTER (all beef)	6.95	
HAMBURGER (6 oz.)	6.25	
CHEESEBURGER (6 oz.)	6.75	
WESTERN (egg, ham and onion)	5.75	
EASTERN (egg, ham...no onion)	5.75	
BACON, LETTUCE & TOMATO	5.95	
BACON Sandwich	6.50	
PEANUT BUTTER & JELLY	4.25	
Grilled HAM & Swiss	7.25	
Fried Egg Sandwich	4.75	
Grilled HAM & Egg	7.75	

CHEESE SANDWICHES

CREAM CHEESE	4.95
CREAM CHEESE and Jelly or Olive	5.25
CREAM CHEESE and Nova lox	12.50
AMERICAN, Swiss, Provolone or Cheddar	4.95
Grilled American, Swiss, Provolone or Cheddar	5.25

Salad Sandwiches

Egg Salad	5.50
Tuna Salad - we think it's the best!	7.75
Chicken Salad (white chunk) - Ed's favorite	7.75
Whitefish Salad	11.95
Seafood Salad	7.95
Chopped Liver - homemade of course	8.95
Grilled Tuna and Swiss	8.25

You may order your sandwich on: Light, Dark or Marble Rye, Bulkie Roll, Syrian Pocket, Onion Roll, Whole Wheat!

FOR VEGETARIANS

HUMMUS Sandwich hummus, cukes, onions and lettuce & tomato	7.25
STEAMED Vegetable Sandwich veggies topped with tomatoes on grilled rye	7.25
POTATO PANCAKE MELT our famous potato pancakes with melted cheddar	10.25
PORTOBELLO BURGER with french fries or hot veg and any "add-ons" you like!	8.95
GARDEN BURGER a delicious meatless burger served on a bulky with french fries or hot vegetable and any "add-ons" you like!	9.50

The Gobbler 10.95
a fresh hot turkey sandwich with stuffing and cranberry sauce served on a bulky with a side of turkey gravy

LATKE STUFFERS

A Joan & Ed's Exclusive

Latke is Jewish for a potato pancake - and what better taste than to put a latke in your sandwich...it's so good that we now have 3 to choose from...Don't worry...if you don't like it just send it back & Ed will eat it!

Latke #1 \$9.95
Roast brisket, potato pancake & natural gravy on a bulky.

Latke #2 \$9.95
Romanian pastrami, swiss cheese & a potato pancake on a bulky.

Latke #3 \$10.50
Fresh hot turkey breast, potato pancake, cranberry sauce & gravy on a bulky roll



EXTRA ON ANY Sandwich

American cheese	40¢
Bacon (2)	140¢
Tomato	40¢
Cole slaw	35¢
Russian dressing	NC
Sauerkraut	50¢
Swiss, Provolone or Cheddar Cheese	50¢
Minimum substitution charge	40¢

THE HEART OF A DELI The Deli Deckers

1 HAMBURGER Club 9.95 6 oz. burger, bacon, lettuce and tomato with coleslaw and russian dressing	
1a Turkey Club 10.95 Turkey breast, bacon, lettuce and tomato with coleslaw and russian dressing	
1b JONATHAN'S JEWEL 10.95 Hot grilled chicken breast, bacon, lettuce and tomato with coleslaw and russian dressing	
2 Trudy's TREAT 12.50 Lean romanian pastrami and lean steamed corned beef with coleslaw & russian dressing	
3 Stacey's Surprise 11.95 Lean steamed corned beef and chopped liver with coleslaw and russian dressing	
4 Ben's Belly Builder 10.95 Turkey, ham and swiss with coleslaw and russian dressing	
5 Ed's Elite 11.95 Chopped liver, bacon, turkey, lettuce and tomato with coleslaw and russian dressing	
6 Joan's Jubilee 10.50 Chicken salad, sliced egg, lettuce and tomato with coleslaw and russian dressing	
7 ENORMOUS EVA 11.95 Roast beef, chopped liver and onions with coleslaw and russian dressing	
8 STUPENDOUS STUART 12.25 Chopped liver, turkey and swiss with coleslaw and russian dressing	
9 John's Jawbreaker 12.25 Roast beef, fresh turkey and swiss with coleslaw and russian dressing	
10 Charlie's Chomper 12.75 Lean steamed corned beef, lean romanian pastrami and salami with c/s & russian dressing	
11 Lee's Legend 12.50 Roast beef, fresh turkey and salami with coleslaw and russian dressing	
12 Mighty Mindy 12.95 Lean romanian pastrami, salami, tongue with coleslaw and russian dressing	
13 Estelle's EVENT 12.75 Lean romanian pastrami, turkey and swiss with coleslaw and russian dressing	
14 Sensational Stephanie* 12.95 3 meats - you name it!! with coleslaw and russian dressing	
15 Rachel's Rhapsody 12.95 Chopped liver, lean romanian pastrami and turkey with coleslaw and russian dressing	
16 Dave's Delicacy 11.95 Lean romanian pastrami and chopped liver with coleslaw and russian dressing	
17 Big BONANZA 10.95 Healthy turkey-pastrami, chopped chicken liver, swiss with coleslaw and russian dressing * Tongue or Hard salami is .75 extra	

Please Note: consuming raw or uncooked meats, poultry or eggs may increase your risk of foodborne illness. Sorry we will not cook poultry "rare" and will not cook eggs "soft"

Special Grilled Sandwiches

All grilled on light or dark rye in 100% cholesterol free vegetable oil.

TOWNE CRISPER 9.50 Pastrami, swiss, onion & tomato and russian	
ROMANIAN TOWNE CRISPER 10.50 Some with extra lean Romanian Pastrami	
TURKEY CRISPER 10.50 Turkey, swiss, onion & tomato and russian	
TURKEY PASTRAMI CRISPER 8.95 Lo-fat turkey pastrami, swiss, onion & tomato	
MONTE CRISTO 9.75 Turkey, ham, swiss grilled in an egg batter	

Special

Add on a small salad or a cup of soup for only \$1.75 when ordering one of our special grilled sandwiches, a Reuben or a Rachel

The Story of

REUBENS & RACHELS

All grilled on light or dark rye in 100% cholesterol free vegetable oil.

It was Grammy who first brought it up... "Papa Says" we should do this...or "Papa Says" we should do that. She always started a sentence that way... I guess she thought it made her subject more important. Well, anyway, "Papa Says" that we should have more Reubens and Rachels on the menu... So... let's give it a try. Remember, all come grilled on light or dark rye, and a Reuben has sauerkraut and swiss, while a Rachel has cole slaw and swiss. Russian on request.

CORNEB REUBEN OR Rachel 10.25 X Lean	10.75
ROAST Beef REUBEN OR Rachel 9.95	
TURKEY REUBEN OR Rachel 10.50	
Grilled Chicken REUBEN OR Rachel 10.50	
GARDENBURGER REUBEN OR Rachel 9.50	
PORTABELLO MUSHROOM REUBEN OR Rachel 9.25	
TURKEY-PASTRAMI REUBEN OR Rachel 9.25	
PASTRAMI REUBEN OR Rachel 9.50	
ROMANIAN PASTRAMI REUBEN OR Rachel 10.50	
HAM REUBEN OR Rachel 8.50	
REUBEN BURGER OR Rachel BURGER (6 OZ.) 8.50	
SALAMI REUBEN OR Rachel 8.95	
Knock REUBEN OR Rachel (Hot Dog) 7.95	

THE WILL.....12.95

"the Way I Like It!"

Any 2 or 3 meats... on 2 slices of rye... the way you want it!

THE FRESSER

A deli tradition SINCE 1977

A live (5) decker sandwich piled high with any five meat or cheese selections. It's so big Ed will carry it out to you! Please... Only order on rye bread... white bread is an insult to deli decker tradition, besides it's boring!18.95

Specials for Lunch

This page only: Served Monday - Friday 11 am - 3 pm. Not available on holidays.



All Our Turkey is "Fresh off the Bone!"

Broiled Haddock PLATE * MARKET PRICE Fresh fillet of the "best of the seas".	
GRAMMY'S HOMEMADE MEATLOAF PLATE * \$6.95 A single slice of Grammy's best!	
Stuffed Cabbage PLATE * \$6.50 A single stuffed cabbage roll.	
CHICKEN STEW - A "HEART WISE" WARM UP * \$6.75 Fresh chicken meat simmered in fresh vegetables and noodles. No side dishes except all the bread you want for dipping!	
Grilled Liver & Onions PLATE * \$6.25 A single slice of char-grilled liver covered with sauteed onions.	
FRENCH ONION Soup & Salad \$6.25 A generous bowl chock full of onions served with a fresh salad.	
Grilled Chicken Fillet PLATE * \$8.50 A boneless & skinless fillet char-grilled plain or basted with teriyaki or BBQ sauce...	
ROAST STUFFED BREAST OF TURKEY PLATE * \$8.50 A yankee favorite served with stuffing and turkey gravy.	
ROAST BRISKET LUNCH PLATE * \$8.50 The Jewish version of pot roast... only better! Available x-lean or classic	
Grilled Jumbo FRANK * \$6.75 Served with baked beans or hot krou!	

ALL LUNCH "PLATES" * COME WITH today's vegetable OR fresh mashed potato... also with cup of soup OR a fresh garden salad unless specified differently (or if Ed says so!)

Half Sandwiches

You may order half sandwiches on light rye, dark rye, marble rye, white, wheat, small bulky or small syrian. Bagel or an onion roll is 25¢ extra charge. Only cold sandwiches can be ordered as a half.

Corned Beef	5.70	Tuna or Chicken Salad	4.65
X-tra Lean Corned Beef	5.95	Tongue	6.75
Roast Beef	5.25	Tongue x-lean	7.10
Turkey Breast	5.55	Whitefish Salad	6.95
Hard Salami	6.75	Seafood Salad	4.75
Salami	4.75	Chopped Liver	5.35
Bologna	4.65	Cream Cheese & Olive	3.50
Imported Ham	4.05	Cream Cheese & Jelly	3.50
Liverwurst	4.05	American Cheese	3.25
Egg Salad	3.50	Swiss or Provolone Cheese	3.25

Half Sandwiches COMBINATIONS

Served with a cup of soup

Tuna Salad	7.15	Imported Ham	6.55
White Meat Chicken Salad	7.15	Turkey Breast	8.05
Seafood Salad	7.25	Corned Beef	8.20
Chopped Liver	7.85	Roast Beef	7.75



SIGNATURE DISHES

All of our Signature dishes have a star. They are tried and true deli standards. A Joan & Ed's Signature Dish untied is an opportunity lost!

CHEESE KUGEL\$5.75
A noodle pudding just like grandma used to make... makes a great side dish or appetizer

KASNA VARNISHKES\$3.75
Buckwheat & Noodles with natural gravy...it's an ethnic thing!

All Beef Jumbo Franks
Grilled to order and served with baked beans or sauerkraut
Single Frank\$7.50
Double Frank\$9.50

HOMEMADE POTATO PANCAKES\$9.75
Cooked in 100% cholesterol free vegetable oil.
Served with sour cream or applesauce

Knishes - Homemade of course!
Meat Knish\$4.25
Potato Knish\$4.75

Jewish Pu Pu Platter\$8.95
1 Meat Knish ~ Kishka with gravy ~ Potato Pancake

CHEESE or BLUEBERRY BLINTZES\$10.95
Pan fried to order in 100% cholesterol free vegetable oil.
Served with sour cream or applesauce

HOT ONES

Numbered plates all served on rye bread with french fries, potato salad or potato pancake.

21. Open hot roast beef, gravy10.25
22. Open hot turkey breast, gravy10.95
23. Open hot corned beef classic10.95
corned beef & onion11.25
24. Open hot romanian pastrami11.25
25. Open hot roast brisket, classic10.95
brisket & onion11.25
26. Open hot turkey-pastrami9.50
27. Open faced steak sandwich10.25

Build Your Own Deli Burger

All burgers come on a bulky roll with choice of french fries or today's hot vegetable... to be "built" as you like it with any "add ons" you care to choose... pile it on!

Single Burger (6 oz)\$8.95

Salami Burger\$9.95
grilled salami on top of our great burger

ROMANIAN PASTRAMI BURGER\$9.95
steamed lean pastrami on top of our great burger
Double Burger\$10.95

Single Chicken Fillet\$9.50

Double Chicken Fillet\$12.95

Portobello Burger\$8.95
For vegetarians there is no better... this huge mushroom is grilled to bring out all the natural juices!

TURKEY BURGER\$9.95

A delicious turkey patty topped with caramelized onions and cheddar cheese

Gardenburger*\$9.50

(152 calories for 4g)
It had to happen... we now have a "meatless" burger... made with vegetables, low-fat cheeses & oats. The funny thing is... it tastes good!!

ADD ONS

to be added to any of the above burgers

Swiss, Provolone or Cheddar	50¢
BBO Sauce	NC
American Cheese	40¢
Saute Onions	75¢
Saute Mushrooms	95¢
Saute Peppers	75¢
Salsa	90¢
Bacon (2 strips)	1.40

SIDE ORDERS

Potato Salad (Best of Metro-West)	\$3.50
Red Bliss Potato Salad	\$3.50
Cold Slaw	\$2.95
Pasta Salad	\$3.25
Hot Vegetable or cottage cheese	\$2.50
Kishka w/ gravy	\$3.95
Chopped Liver	\$5.50
Whitefish Salad	\$9.95
Whitefish Side	\$9.50
Single Stuffed Cabbage	\$5.95
Corned Beef Hash Fresh...not canned	\$4.95
Grilled Portobello Mushroom (V)	\$4.50
Nova Scotia Lobster tail	\$6.50
Single Blintzes, blueberry or cheese w/ sauced cream or apple sauce	\$4.25
Moravian Fritter w/ sauced cream	\$3.50
French Fries	\$2.95
Wien... French Fries w/ gravy	\$2.95
Fries topped w/ cheddar	\$3.25
Kasha Varnishkes	\$3.75

Fresh Fruit Cup	\$3.50
Home Baked Beans	\$2.95
Peach slices	\$2.95
Potato Pancake w/ sauced cream or applesauce	\$3.25
Hummus, side	\$3.50
Tzatziki	\$1.10
Sauerkraut, side	\$1.50
Tzatziki	.75
Sauerkraut	\$2.25
Tzatziki	.75
Sauerkraut	\$2.25
Pickles & Cold Slaw	\$1.25
Pickles - Del. oil, Vinegar sour or Half sour	\$1.10
Matzo Ball	.75
Chips	.75
Hard Boiled Egg	\$1.10
Goat Cheese	\$3.25
Feta Cheese	\$1.95
Catfish & Tomato	.85

Build Your Own Deli Omelette

All our eggs & omelettes are cooked in 100% cholesterol free vegetable oil

Starting at 5.50

Our fluffy DELI OMELETTE is a treat in itself - but now you can have it as you like it. Our deli omelettes come served with potato pancake and bagel, roll or toast, anything else is up to your creative mind... so go ahead and create!!

A side of fresh fruit can be substituted for the potato and bread for a 50 cent charge on all egg orders.

American Cheese	40
Swiss Cheese	50
Cheddar Cheese	50
Provolone	50
Cottage Cheese	75
Feta Cheese	1.95
Goat Cheese	2.25
Alpine Lace	75
Salami (kosher)	1.40
Pastrami	2.50
Romanian Pastrami	2.75
Turkey Pastrami	2.50
Bologna (kosher)	1.50
Corned Beef	2.50
XL Corned Beef	2.75
Saute Onions	75
Saute Peppers	75
Tomatoes	40
Western	1.10
Broccoli	90
Spinach	90
Saute Mushrooms	95
Bacon (2 strips)	1.40
Salsa	90
Sliced Ham	1.95
W/Eggbeaters	1.00
W/Eggwhites	1.00



Breads & Such

Our bagels come from IH&H in N.Y. and they have no fat and no cholesterol!

Toasted bagel, roll or syrian.

with butter	1.75
with cream cheese or chive cheese	2.65
with light cream cheese	2.75
with cottage cheese	2.75
with lax spread	3.25
with hummus	2.70

TOAST: WHITE OR WHEAT1.25

TOAST: LIGHT, DARK OR MARBLE RYE1.75

English Muffin1.50

Blueberry Muffin1.75

Cinnamon Coffee Cake.....3.25

Homemade of course!

Eggstraspecial Eggstravaganza

Breakfast Served All Day Long.

1 Egg, ANY style4.50

2 Eggs, ANY style5.25

3 Eggs, ANY style5.75

Side of HAM2.95

Side of Bacon (3 Strips)2.10

FRENCH TOAST (3)5.95

Single Slice FRENCH TOAST2.25

Eggs, Lox and Onions8.95

Scrambled or Pancake Style

SALAMI or Bologna & Eggs7.95

Scrambled or Pancake Style

CORNEBEEF or PASTRAMI & Eggs8.95

Scrambled or Pancake Style

All eggs served with potato pancake & bagel, roll or toast
cream cheese 90¢ extra
extra egg, eggwhites or eggbeaters 1.00 extra

PANCAKES

Light or Sugar Free Syrup is available

BUTTERMILK PANCAKES (3)5.95

PANCAKES & 2 eggs7.95

Two cakes served with your eggs any style

SINGLE PANCAKE2.75

Side order of one buttermilk pancake

PANCAKES 'N PEACHES7.95

A brunch favorite of three cakes topped with sliced peaches and whipped cream

Breakfast Specialties

Cold Assorted CEREALS2.50

HOT OATMEAL3.50

Not instant!! (only until noon!)

MATZOS and Eggs (Matzo Brie)6.25

MATZO, NOVA and Eggs8.75

PAN FRIED BLINTZES10.95

Homemade of course!...Cheese or Blueberry...

pan fried in 100% cholesterol free oil

MONTE CRISTO Sandwich9.75

Grilled in an egg batter

STEAK & Eggs9.50

Char-grilled steak and two eggs any style - DEU-licious!

Chicken & Eggs8.95

We're not sure which came first... the chicken or the egg, so we put them together!

So sorry... Complimentary Pickles and Cole Slaw does not come with egg orders. Grammy says you'll get sick!

FRUIT Sub You can substitute a side of fruit salad for your potato & bread on all egg and omelette orders...\$0.4

Fowl Play

Grilled Chicken Filler	fresh boneless & skinless filets done as you like them <i>plain & healthy - chicken teriyaki - smothered chicken with mushrooms, onions & peppers</i>	13.95
Chicken Tenderloins	fried to golden brown	12.95
Grilled Balsamic Chicken	tender filets marinated in a fat free glaze	13.95
Roast Turkey Breast	fresh off the bone with Grammy's stuffing & gravy	12.95
Chicken Pot Pie	our most popular special...served with one dinner side	12.95
Chicken Stew	fresh chicken meat simmered in fresh veggies and noodles it's a kettle of a meat served with one dinner side	11.95

Fish Department

Fish 'n Chips	beer battered haddock pieces with fries and any other side	12.95
Haddock Filler	broiled it's the best.... And very fresh!	mkt

Where's the Beef???

Liver 'n Onions	classic sauteed liver and onions	11.95
GRAMMY'S Meatloaf	just like Gram used to make - topped with mushroom gravy	12.95
Turkey Pastrami	eat healthy and still enjoy the flavor	10.95
ROMANIAN PASTRAMI	steamed tender 'n lean N.Y. pastrami	13.95
Stuffed Cabbage	two large cabbage rolls in Ed's grandmother's special sauce	15.95
ROAST BRISKET OF BEEF	Grammy's recipe for extra lean or classic double cut	16.95
CORNEB 'N CABBAGE	boiled potato and carrots are traditional, but you can substitute two other sides if you like served extra lean or classic double cut	16.95

TRIPLETS a taste of it all - pick any three - extra lean corned beef, classic corned beef, fresh turkey breast, steamed Romanian pastrami, chopped liver or roast beef.
(tongue or hard salami .75 extra) 16.95

all above dinners come with two of the following unless specified differently.... or because Ed says so!!
cup of soup - garden salad - potato pancake - kasha varshikes - french fries - rice pilaf - cole slaw
potato (baked, boiled or mashed) - applesauce - baked beans - vegetable special - vegetable medley
carrots - caesar salad dinner sub \$.75 - french onion soup dinner sub \$1.00

Pastabilities

Assorted pasta in a light vinaigrette....
please specify if you want your pasta served
refreshingly cold or heated to a sizzle....

PASTA PRIMAVERA	\$7.95
PORTABELLA 'N PASTA PRIMAVERA	\$10.95
CHICKEN 'N PASTA PRIMAVERA	\$11.95

All Stirred Up!!!

All are sauteed in cholesterol free oil with
fresh veggies in a light sauce.
Served on rice pilaf with one dinner side.

Yeggie Stir Fry	\$8.95
PORTABELLO Stir Fry	\$10.95
CHICKEN Stir Fry	\$12.95

Salad PLATES

Mixed Deli Platter - Pick 3	
Corned Beef, Roast Beef, Turkey, Ham, Salami, Chopped Liver	12.95
(Hard Salami or Tongue 75¢ extra)	
ROAST BEEF PLATTER	10.75
CORNEB BEEF PLATTER - X-TRA LEAN	10.95
IMPORTED DANISH HAM PLATTER	9.95
FRESH BREAST OF TURKEY PLATTER	12.50
CHOPPED LIVER PLATTER - (HOMEMADE, of course!)	10.50
COMBINATION SALAD PLATTER	
Chicken, Tuna and Egg Salad	12.95
SEAFOOD SALAD PLATTER	10.95
CHICKEN SALAD OR TUNA SALAD PLATTER	10.95
INDIVIDUAL CAN OF TUNA PLATTER	10.95
EGG SALAD PLATTER	9.95

Cold platters include choice of potato salad, red bliss potato salad,
cole slaw or cottage cheese

Dressings

Honey Dijon, Russian, Caesar, Italian, Lo-Cal Italian, Blue Cheese, Fat Free Balsamic
Vinegrette, or our famous House Dressing which is cottage cheese based ranch dressing.

Toppers You can top off any salad with anything...but here are a few options

Freshly broiled chicken breast	\$3.50	Fresh goat Cheese	\$2.25
Individual can of white tuna	\$3.50	Feta cheese	\$1.95
Grilled portobello mushroom	\$3.50		

All dressings are served on the side except for Caesar salads..But we can put that
on the side also upon request. We normally use an assortment of fresh greens for
our salad but you can request mesclin greens as an option.

On the Lighter Side

DIET TURKEY COLD PLATE	11.95
Fresh turkey, cottage cheese & fresh fruit salad	
LITE LUNCH PLATE	9.95
6oz. Sirloin patty, cottage cheese and peach slices	
TUNA 'N PASTA COLD PLATE	10.95
an individual can of white meat tuna on top of pasta primavera	

A Souper Idea

OUR CORNEB BEEF IS EXPERTLY CURED...
JOAN'S CHICKEN SOUP CURES EVERYTHING ELSE!!

Chicken Vegetable	Cup	Bowl
A deli staple	3.95	4.95

MATZO BALL	
Just like Mamma's...	3.95 4.95

CLAM CHOWDER	
Award winning recipe...	3.95 4.95

SOUP OF THE DAY	
Chef's Special	3.50 4.50

COLD BEEF BORSCHT	
Served with sour cream	3.50
With a boiled potato	4.25

FRENCH ONION SOUP	
A hearty bowl full of onions & topped with melted swiss.	5.25



Salads

Chef Salad	10.95
Turkey, ham, swiss and salami on top of a bed of lettuce garnished with tomato, onion, cucumbers, olives and a hard boiled egg.	
DIET CHEF SALAD with all Turkey & Garnishes	11.50
Greek Salad	9.95
Bed of crisp lettuce garnished with tomato, onion, cucumber, green pepper, topped with feta cheese and black olives.	
GOAT CHEESE SALAD	10.50
Mesclin greens topped with tomatoes, dried cranberries, walnuts and smooth goat cheese	
SCOOP 'N SALAD... OUR FRESH GARDEN SALAD with your choice of scoops	
Tuna or Chicken salad	9.95
Individual can of tuna	9.95
Seafood salad	9.95
Egg salad	8.50
Charbroiled Chicken Salad	9.95
A freshly broiled breast of chicken sliced over a crisp garden salad with your choice of dressing.	
Charbroiled Chicken Salad with Mesclin Greens	9.95
Spinach Salad	8.95
Fresh spinach, mushrooms, bacon bits, tomato, onions, hard boiled egg and croutons.	
PORTOBELLA SALAD	9.95
Our large garden salad topped with a grilled portobello mushroom	
SAN FRANCISCO SALAD	10.50
Tuna salad & seafood salad top off a crisp garden salad with your choice of dressings.	
Small Garden Salad	3.95
Crisp lettuce and tomato with cucumber and onions.	
LARGE GARDEN SALAD	5.95
Crisp lettuce and tomato with cucumber and onions.	
FRESH FRUIT PLATE	9.95
Fresh fruit surrounding a scoop of cottage cheese, orange sherbet or frozen yogurt!	

CAESAR Salads

OUR CLASSIC CAESAR	6.95
Fresh romaine tossed in a light caesar dressing with croutons and parmesan cheese... anchovies optional.	
Small Caesar - for lighter appetites	3.95
Charbroiled Chicken Caesar	10.50
A freshly grilled breast sliced on top of your salad	
PORTOBELLA CAESAR	10.50
Our classic Caesar topped with a freshly grilled portobello mushroom	
TUNA CAESAR	10.50
Your choice of fresh tuna salad or an individual can of white meat tuna	
TURKEY & SWISS CAESAR	9.95
Fresh turkey and swiss	
HAM & SWISS CAESAR	9.25
Imported ham & swiss	

JOAN & Ed love large parties. It's a thrill for them to see generations...
or just good friends... come together in their dining room. HOWEVER, PLEASE
UNDERSTAND THAT FOR PARTIES OF 6 OR MORE WE MUST ADD 18% GRATUITY to your bill

All of our Signature dishes have a star. A JOAN & Ed's Signature Dish untried is an opportunity lost!

BEVERAGES



BEERS

In the Bottle

SAM ADAMS	4.75
HEINEKEN	4.25
AMSTEL LIGHT	4.25
MILLER LIGHT	3.95
BUDWEISER	3.95
BUDWEISER LIGHT	3.95
NON ALCOHOLIC BEER	3.25

WINES

By the Glass

White Zinfandel	3.95
Chardonnay	4.50
Pinot Grigio	4.50
Merlot	4.25
CABERNET SAUVIGNON	4.50

Soft Drinks

Soda	1.95-2.50
Milk	1.75-2.50
Chocolate Milk	1.95-2.65
Lemonade	1.75-2.50
Dr. Brown's Soda	1.95
Green, Black Cherry, Diet Cream, Citrus, Diet Black Cherry	
Swapple	1.95
Lemon Tea, Pink Lemonade, Earl Peach, Mango Madness, Earl Cranberry Raspberry	
Poland Springs	1.50
I.B.C. Rootbeer	1.95
Small Reg. Juices	
Orange Juice	90-1.95-2.95
Juices	75-1.75-2.75
Apple, Grapefruit, Cranberry, Tomato	

Please Note:
All jumbo drinks served in our 22 oz. Deli cup that you may take home.

Coffee, ETC.

Coffee	
Regular, Decaf or Flavored	
Tea	
Herbal Tea	
Hot Chocolate	
Iced Coffee	
Iced Tea	

All coffees and teas are bottomless
All 1.95 each

Spritzers all \$2.25

With a fake home cup, you pick the flavor and we'll make it cool and refreshing!!
Apple • Orange • Lemonade • Cranberry • Grapefruit

Smoothies all \$3.50

A great way to enjoy your favorite fruits... all blended up and served as a delicious drink.

Smoothie Number 1

Strawberries, banana, apple juice & frozen strawberry yogurt.

Smoothie Number 2

Banana, mango juice and orange sherbet.

Smoothie Number 3

Blueberry, banana, mango juice & frozen strawberry yogurt.

Fountain Delights

Frappe (w/regular or skim milk)	3.95
Chocolate, Vanilla, Strawberry or Coffee	
The Healthy Frappe	4.25
Skim milk, bananas, frozen yogurt, flavoring	
Orange Freeze	3.25
Creamsicle Freeze	3.50
IBC Root Beer Float	3.25
Cream Soda Float	3.25
New York Egg Cream	2.25
Chocolate or Vanilla Coke	1.95

Sundaes

Hot Fudge (regular)	3.75
Hot Fudge (jumbo)	4.75
Caramel & Hot Fudge	4.25
Banana Split (regular)	3.95
Banana Split (jumbo)	4.95
Ice Cream Soda	3.50
Scoops	
chocolate, vanilla,	
orange sherbet, coffee	2.25
frozen strawberry yogurt	2.40



Joan & Ed's desserts
ARE TO DIE FOR!

SWEET ENDINGS

All cakes, cheese cakes & most of the pies are made in our kitchen

DESSERTS

Halvah (a deli tradition)

Marble, or Marble Nut 3.50

Black & Whites - Some call them half moons -

We call them delicious! 2.95

Fresh Baked Apple Pie 3.75

Fresh Baked Blueberry Pie 3.95

Chocolate Bavarian Cream Pie 3.95

for pure chocoholics!!

Boston Cream Pie 3.95

Peanut Butter Brownie Pie 3.50

Lemon Meringue Pie 3.50

French Silk Chocolate Mousse Pie 3.50

Carrot Cake 4.50

Cinnamon Coffee Cake 3.25

Homemade Chocolate Cake 3.95

White Cake 4.25

Chocolate 4-Layer Torte 4.95

Chocolate Nut Brownie 2.25

Apple Strudel 3.75

Blueberry Muffin 1.75

Crisp'n Creamy Napoleans 3.50

Creamy Chocolate Eclairs 3.50

Jumbo Chocolate Chip Cookie 1.75

Fresh Homemade Pudding

Grapefruit or Rice 3.75

Bread n' Raisin 3.50

Jello With Whipped Cream 2.95

Ice Cream Puff with whipped cream

w/ chocolate sauce 3.50

w/ hot fudge 3.95

Ice Cream 2.25

chocolate, vanilla, coffee or orange sherbet

Frozen Strawberry Yogurt 2.40

HOMEMADE CHEESECAKE

Any cheesecake covered with hot fudge or caramel add 1.10

Plain New York Style 4.95

Chocolate Chip 5.25

Apple Strudel (Greecoatl) 5.75

Cherry or Blueberry 5.25

Marble Swirl 5.25

Fresh Strawberry or Chocolate 5.75

Fresh Fruits

Fruit Cup 3.25

Bowl of Fresh Strawberries 3.25

Melon wedge 1.75

Orange or Banana .95

FOR DESSERT MAVENS

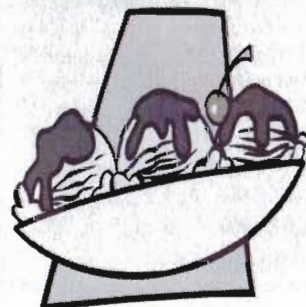
Chocolate brownie and vanilla ice cream covered with whipped cream with chocolate sauce 3.75
with hot fudge 4.50

FOR CHOCOHOLICS!! Mini Cake

a warm chocolate cake with a soft fudgy center ... topped off with a scoop of ice cream, hot fudge and whipped cream 4.50

EXTRA ON ANY DESSERT

a la mode	1.20
w/ hot fudge or caramel	1.10
w/ fresh strawberries	1.20
w/ chocolate sauce	.90
w/ marshmallow	.90



Our Signature dishes represent true "deli classics". Be sure to try one!



BRUNCH

Join Joan & Ed for their weekend brunch available Saturday, Sunday & holidays from 8 am to 2 pm

Check out our Healthy Choices on the Back Page

SIGNATURE DISHES

SUPER OMELETTE.....8.95

For hearty eaters - this is filled with onions, tomatoes, mushrooms, peppers and swiss... accompanied with a homemade potato pancake and choice of bagel, roll or toast.

Whitefish Plate.....12.25

Freshly smoked whitefish or a scoop of whitefish salad, toasted bagel, cream cheese. Served with lettuce, tomato, cucumber and onion.

HOMEMADE POTATO PANCAKES.....9.75

cooked in 100% cholesterol free oil Served with sour cream or applesauce

New York's Finest.....12.95

Toasted bagel, hand cut Nova Scotia lax, and cream cheese. Served with lettuce, tomato, cucumber and onion.

CORNEBEEF HASH.....6.75

Traditional favorite topped off with a poached or fried egg... served with bagel, roll or toast (with 2 eggs \$7.65)



DELI NOSHES!!!

Delicious appetizer fried to a golden brown in 100% cholesterol free vegetable oil - which is also trans-fat free

31. POTATO SKINS 3.75

Served with sour cream

32. DELUXE POTATO SKINS 4.75

Served with cheddar and bacon

33. FRIED ONION RINGS 3.95

Served with duck sauce

34. CHICKEN FINGERS 7.95

Served with tomato salsa

35. MOZZARELLA STICKS 6.50

Served with tomato salsa

36. NOSH SAMPLER 8.25

A little bit of everything... potato skins, onion rings, chicken fingers and mozzarella sticks.



Joan & Ed love large parties. It's a thrill for them to see generations... or just good friends... come together in their dining room. However, please understand that for parties of 6 or more we must add 18% gratuity to your bill.